

These two simple methods can help you choose the relatively accurate size of a finished bracelet, especially when purchasing bracelets online.

Take note: if you order by length, please use method 1; if you order by inner diameter, please use method 2.

Method 1—When you only know the length of the bracelet

Step 1: Measure your wrist(where you often wear your bracelets) with a tape measure or a long strip of paper, and get your wrist circumference.



Step 2:Place your wrist circumference to the nearest number in the bracelet length chart below to get your bracelets size.

Bracelet Length Chart

Length for Bracelets						Wrist Circumference	
Snug Fit (add 1/2")			Comfort Fit (add 1")				
4 inch	4 inch	10.16cm	4-1/2 inch	4.5 inch	11.43cm	3.5 inch	8.89cm
4-1/2 inch	4.5 inch	11.43cm	5 inch	5 inch	12.7cm	4 inch	10.16cm
5 inch	5 inch	12.7cm	5-1/2 inch	5.5 inch	13.97cm	4.5 inch	11.43cm
5-1/2 inch	5.5 inch	13.97cm	6 inch	6 inch	15.24cm	5 inch	12.7cm
6 inch	6 inch	15.24cm	6-1/2 inch	6.5 inch	16.51cm	5.5 inch	13.97cm
6-1/2 inch	6.5 inch	16.51cm	7 inch	7 inch	17.78cm	6 inch	15.24cm
7 inch	7 inch	17.78cm	7-1/2 inch	7.5 inch	19.05cm	6.5 inch	16.51cm
7-1/2 inch	7.5 inch	19.05cm	8 inch	8 inch	20.32cm	7 inch	17.78cm
8 inch	8 inch	20.32cm	8-1/2 inch	8.5 inch	21.59cm	7.5 inch	19.05cm
8-1/2 inch	8.5 inch	21.59cm	9 inch	9 inch	22.86cm	8 inch	20.32cm
9 inch	9 inch	22.86cm	9-1/2 inch	9.5 inch	24.13cm	8.5 inch	21.59cm
9-1/2 inch	9.5 inch	24.13cm	10 inch	10 inch	25.54cm	9 inch	22.86cm

Recommended Size Chart (length)

Bracelet Length	Recommended for
4 inch	New-born to 6 month
4.5 inch	6-12 month
5 inch	12-24 month
5.5 inch	2-5 years
6 inch	6-8 years
6.5 inch	9-13 years
7 inch	Extra small size for woman
7.5 inch	Small size for woman
8 inch	Medium size for woman/Small size for man
8.5 inch	Large size for woman/Medium size for man
9 inch	Plus size for woman/Large size for man
9.5 inch	Ankle bracelet for woman/Plus size for man

Method 2: When you only know the inner diameter of the bracelets or bangles,

Step 1: close your fingers as though you are getting your bangle through.

Step 2: take out a tape measure or a piece of blank paper strip and measure around the closed hand at the widest point. Then get the circumference of your hand.



Step 3: Place your actual hand circumference to the nearest number in the size chart below, you can quickly position the bracelets or bangle sizes that are most suitable for you. For example, if your actual hand circumference is 7.1", You can quickly determine that 2.25" inner diameter is best size for you from the size chart.

Bracelet Size Chart Diameter

Inner Diameter for Bracelets or Bangles			Hand Circumference	
Less than 2 inch	Less than 2 in.	Less than 5.08cm	Less than 6.28 in.	Less than 15.95cm
2-1/8 inch	2.125 inch	5.40cm	6.67 inch	16.95cm
2-1/4 inch	2.25 inch	5.72cm	7.07 inch	17.95cm
2-3/8 inch	2.375 inch	6.03cm	7.46 inch	18.94cm
2-1/2 inch	2.5 inch	6.35cm	7.85 inch	19.94cm
2-5/8 inch	2.625 inch	6.67cm	8.24 inch	20.94cm
2-3/4 inch	2.75 inch	7.00cm	8.63 inch	21.93cm
2-7/8 inch	2.875 inch	7.30cm	9.03 inch	22.93cm
Over 3 inch	Over 3 inch	Over 7.62cm	Over 9.42 inch	Over 23.93cm

Tip: You can also take out a bracelet or bangle that fit you well and measure its inner diameter. Then, get your bracelet or bangle size from the size chart above.

